

To play this game, touch each space with your finger as you sing the scale. Go up to “Do”, and then come back down again. Each player will then do the same. Next toss a coin onto the board and adjust it to cover the word it lands closest to. Again sing the scale up and down while touching each space, this time skipping the note covered by the coin. If playing with a group, a person is “out” when they make a mistake. Repeat until one player remains, or until the exercise becomes too difficult. The game can be repeated daily with the goal of improving performance. For added fun, play the game outside with traditional sidewalk chalk.

